

ITALIAN SPRINT CHAMPIONSHIP - WRE ITALIAN CUP LONG DISTANCE 10-11 APRIL 2010

BULLETIN N.1

1 WELCOME TO MONGHIDORO

Monghidoro has always been an attractive site of the Apennines for travellers and traders, thanks to its position in the middle between Emilia Romagna and Tuscany. Proud of its cultural and historical traditions, nowadays the city is rich of activities for trade, culture and sports. The beautiful nature around the village and the big woods of the Alpe now attracts many visitors, thanks to advanced structures for outdoor activities. Experience to believe!

The organisation of the Italian Sprint Orienteering Championships and Italian Cup will be a great opportunity for sport in our mountains. We warmly welcome all the orienteering runners coming to visit Monghidoro and to compete in its magnificent historical centre and wild surroundings. We wish to meet you next 10th and 11th April!

Marino Lorenzini
The Major



2 ORGANISING COMMITTEE

Francesco Franceschetti
Marino Lorenzini
Flavio Neri
Michela Guizzardi
Stefano Cuccoli
Mauro Guizzardi
Cesare Tarabocchia

Chairman
Onour chairman, Mayor
Event Director
Event vice-director
Logistic Director
Marketing Director
FISO National Federation Advisor

3 TECHNICAL COMMITTEE

Marco Seppi
Michele Caraglio, Andrea Bruno
Tiziana De Paolis
Massimo Brida
Francesco Lari
Giorgio Bernardi
Dallera Stefano, Dallera Pietro

Course Planners Director
Course Planners Team
Secretary
Start Director
Finish Director
Sport ident and web
Refreshment

4 PROGRAMME

Friday 9 th April 2010	13.00-21.00	Event Centre Opens in Monghidoro
	13.00-19.00	Model Event Sprint in Loiano
	13.00-19.00	Model Event Long in Montepiano
Saturday 10 th April 2010	9.00-21.00	Event Centre Opens in Monghidoro
	9.00-12.00	Model Event Sprint in Loiano
	9.00-12.00	Model Event Long in Montepiano
	14.00	Italian Sprint Championship first start
	18.00	Pricegiving Cerimony
Sunday 11 th April 2010	8.30-14.00	Event centre opens in Alpe finish area
	10.00	Italian Cup long Distance first start
	14.00	Pricegiving Cerimony in Alpe finish area



5 WEB AND INFORMATION

All information for the competition will be published on the official web page:
www.cusbologna.it/Orienteering

6 COMPETITION RULES

The IOF Foot Orienteering Competition Rules 2010 and the Italian Orienteering Federation (FISO) rules will be applied in both competitions. Maps will be drawn according to ISSOM standard for the sprint competition and ISOM standard for long distance competition.

7 TERRAIN DESCRIPTION

Sprint: it will be mixed, as the runners will be challenged by two different kinds of terrain. Both a fast forest alternated by open areas and characterized by the presence of many paths and typical italian urban terrain, comprising a detailed pattern of narrow streets in the centre of the village (closed to traffic) will be visited. Fast map reading and decision making as well as the ability to handle typical sprint route choices will be keys for success!

Long: the forest, namely "Alpe di Monghidoro", is located at an altitude between 800 and 1200 metres above sea level. Gentle forms are alternated to steeper slopes; both land forms and rocky features characterize the most detailed areas. Runnability is generally good, apart some thicker areas. Visibility can vary from very good to reduced, depending on the different types of vegetation (both beech and conifers are present).

Two brand new maps will be drawn for the event!

8 CLASSES

In the **Italian Sprint Championship** the following classes will be organised:

M-W YOUNG (under 16)
M-W JUNIOR (under 20)
M-W SENIOR (M-W ELITE, WRE)
M-W MASTER (over 35)
M-W SUPERMASTER (over 50)

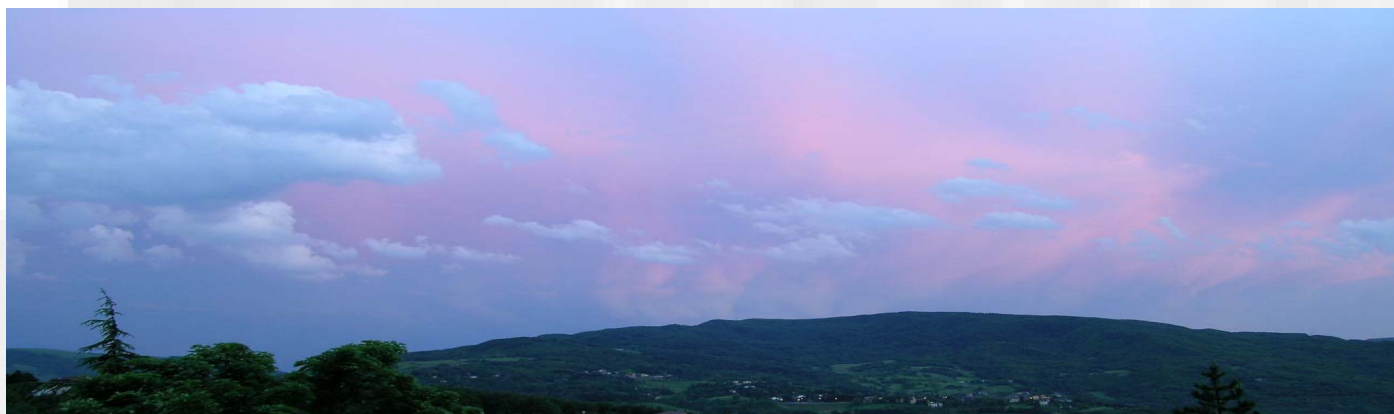
In the entry form for the M-W SENIOR class the WRE code of the athletes must be specified. Only italian citizens compete for the national title, while all classes are open to athletes of all countries. In addition, the following classes will be organised, but will not compete for the national championship:

M-W12, SCHOOL, BEGINNERS

In the **Italian Cup Long Distance** the following classes will be organised:

M-W12, M-W14, M-W16, M-W18, M-W20, M-W ELITE, M-W A, M-W B, M-W C, M-W35, M-W40, M-W45, M-W50, M-W55, M-W60, M-W65, M70, SCHOOL, BEGINNERS, OPEN.

According to national rules, Italian Cup points will be assigned only to the classes valid for the ranking score and to athletes registered for an italian club. Italian runners can be entered in the M-W ELITE class only if they have more than 60 points for men and 45 for women, in the national ranking 2010. Entries in the ELITE class and in all other classes for non italian runners are allowed without any restriction.



9 ENTRIES

Online entries will be open on the web page of the event (www.cusbologna.it/Orienteering) from December 2009 and will be accepted until Sunday 5th April 2010. Details will be given by the end of October 2009. Late entries will be accepted only under the approval of the organising committee and under the payment of an additional fee.

10 ANTI-DOPING CODE

Doping is forbidden. The organisers are committed to do everything required to support the official anti-doping authorities in the successful and transparent realisation of their work. Please refer to the IOF Anti-Doping rules.

11 EMBARGOED AREAS

The organising committee remarks that the Italian FISO technical rules (RTF) are applied as far as embargo is concerned. The areas interested by the two competitions are embargoed; FISO has confirmed on 06 June 2009 the information sent by the organising committee, hence starting from 07 June 2009 the embargo applies. For details about the areas and regulations, please visit the webpage of the competition or contact the organising committee.

12 PUNCHING SYSTEM

Sport-Ident punching system will be used for both competitions. In case the SI station does not work, athletes must punch on the map using the mechanic device close to the SI station and show it at the finish director at the SI-card reading station.

13 VIP AND MEDIA

Media and VIP areas will be organised in the finish area of both competitions. People interested may contact the organisers at the e-mail address: orienteering.cusbologna@gmail.com

14 ACCOMODATION

All information about accomodation will be published on the official web page www.cusbologna.it/Orienteering

